The beginning of fall brings two feast days of very hard working Saints willing to put their own physical life in to suffering and death for the Lord’s Word.

October 4th is the feast day of St. Francis of Assisi. An Italian friar, who went on a pilgrimage to Rome, and joined the poor in begging at St. Peter's Basilica. The experience moved him to live in poverty in 1204. He devoted his life to building several orders, natural and environmental and advocated for the poor. He lived in abject poverty by choice as did his followers. This did not slow his work, even traveling to Egypt to convert the Sultan and stop the Crusades wars. He was not successful in doing so but was permitted to visit the holy sites and preach, all behind the enemy lines. There is a rumor the Sultan either later secretly converted or had a death-bed baptism, directly attributed to Francis.

October 11th is the feast day of St. Damien of Molokai. A Belgium priest of the Sacred Heart Fathers, served on the island of Hawaii until he volunteered to minister to the leper colony on Molokai. He built hospitals, clinics, churches, and reported to have built nearly 600 coffins. St. Damien was particularly concerned for the children there. He discovered he had contracted the incurable disease Dec. 1884, but continued to labor arduously, ministering to the sick, expanding orphanages and clinics, until his death April 1889.

Safe journey off to college: Anna Maria Dillion

**PRAYERS FOR THE LIVING**

Safe journey off to college: Anna Maria Dillion

**PRAYERS FOR THE SICK**

John Lacats, Eileen Wright, Benjamin Boswell, Lou Pappas, Jose Lopez, Michael Herrera and Anthony Delgado

**PRAYERS FOR THE DECEASED**

Simon Salcedo
My Brothers,

I was able to attend a district orientation meeting this past Saturday with our District Deputy, Tony Despart. He reviewed a large number of KOC initiatives, and I would like to use this space to brief you on several that Council #4488 may find appealing.

1.) Solidarity Crosses: KOC Supreme Council has developed a project for local councils to support persecuted Christians in the Middle East. The proceeds go to the KOC Christian Refugee Relief Fund. Our council may order Olivewood "Solidarity Crosses" for members of the council and our parish folks.

2.) Wheelchairs for Service Veterans: The KOC for California is in the middle of an annual drive with the American Wheelchair Mission. We work on behalf of needy and disabled Vets in concert with the VA, the DAV, Heroes Flight, and other Veteran's service groups.

3.) Substance Abuse Awareness Poster Contest: This is a contest for children, ages 8-14, to develop a poster on one of 2 themes, Alcohol or Drug Abuse. There are prizes given in two age groups, 8-11 and 12-14. The Council Level contest must be judged and sent by January 25th, 2016. An ideal way to partner with our parish schools, and also with kids in local public schools.

4.) KOC and Immaculate Heart Radio: A Marketing Kit is available from our Catholic radio broadcasters. It provides another way to promote our Council initiatives, particularly recruiting and Bingo promotion.

Do you agree that Fall is for Football? Perhaps you will enjoy attending the annual "Holy War", a contest between the two local Catholic High Schools, Aquinas and Notre Dame of Riverside. Join us on November 6 at Aquinas High for a 7pm Kickoff.

Are you interested in Sacred Classical Music? The Inland Master Chorale is holding 2 concerts, October 24 and 25, featuring Mozart's Regina Coeli, and Masses composed by Schubert and Haydn. Word to the Wise - Treat your wife to a beautiful concert!

KofC News

Emilio B Moure California Knights of Columbus Museum Association invites all Knights and their families to the Grand Opening of the new exhibit "Salute To Our Veterans" Monday, November 16, 2015 9:30am - 3:00pm

Come see this honor all veterans and particularly California Knights Location: 15808 Arrow Blvd Suite A Fontana, CA 92335
Fellow Knights: During the month of August we had 4 donations. Thank you to those who are able to donate for this worthy cause.

Continuing with the topic of hemoglobin, we will look at a couple of variants commonly found in the human population: fetal hemoglobin and sickle cell hemoglobin (HgbS). There are other less common variants, each with its own differences in function and effects.

Fetal hemoglobin (HbgF), as its name implies, is found primarily in babies that are in utero, waiting to be born. The molecule is structurally similar to adult hemoglobin (discussed last issue) except that instead of having two alpha-chain globins and two beta-chain globins, it has two alpha-chain globins and two gamma-chain globins. This slight structural difference makes HgbF have a higher affinity for oxygen than adult hemoglobin (HgbA), meaning it will work better in a low oxygen environment. This allows for the transfer of oxygen from a mother’s blood to the fetus’ blood in the placental membrane during pregnancy. After birth, the baby’s body no longer produce HgbF and its levels gradually decline as the HbgA becomes more prevalent. By the age of 6 months, this replacement has been virtually completed.

Sickle cell hemoglobin (HgbS) is almost the same as HgbA except that the two beta-chain globins have a slight mutation (beta-S gene) that changes their amino acid structure. Since each person gets two copies of a gene (one copy from each parent), people who inherit only one beta-S gene are called ‘sickle cell carriers’ because they have the trait (SCT). Those with SCT do not usually show signs of sickle cell disease but can pass the trait along to their offspring. People who inherit a beta-S gene from each parent (thus, have two copies) will have ‘sickle cell disease’ or ‘sickle cell anemia’. Anemia is a condition when your body does not have enough healthy red blood cells. In low oxygen environments, such as high altitudes and some body tissues after a workout, the HgbS causes the red blood cells to deform into a sickle shape which can block small blood vessels, causing pain and impaired circulation, decrease the oxygen-carrying capacity of the red blood cell, and decrease the cell’s lifespan.

Ironically, SCT individuals have a greater protective advantage against malaria. This is why the sickle cell gene has a higher frequency in those areas of the world that are prone to malarial outbreaks. This is an example of how Darwin’s theory of natural selection works. The sickle cell gene’s protection of SCT individuals against the potentially fatal effects of malaria provides for its own survival in spite of the fact that it can lead to the sickle cell anemia in the next generation of offspring, which can also be fatal.

Please continue to make an effort to visit the blood bank; as you know, the gift of blood is the gift of life for someone. For an appointment, call 1-800-879-4484. Remember to use our group number ‘OKC8’ when you check in. God bless.

Don Jones

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**FYI...** Don Jones is transitioning to another role in the Council. If anyone would like to take over the Blood Report, Please contact the Grand Knight.

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**KofC News**

The Pregnancy & Family Resource Center in San Bernardino is in need of a monitor to connect to the ultrasound machine the Knights purchased. The monitor is to be placed in front of the mother (opposed to her trying to crane around and look over the tech) to allow the her and family to watch and experience the images of the child to be born while the tech performs the study. At the September General Meeting, this need was shared and explained and the ‘hat was passed’. The Knights and Ladies dug deep in their pockets and surpassed the target to contribute $500. This will purchase a very nice sized monitor, HDMI cable and mounting hardware.

THANK YOU to all that contributed! For more information on their blessed services, please visit their site [http://sbpfrc.com/](http://sbpfrc.com/)
Dear Brother Knights and friends,

As the month of October is the month of the Holy Rosary, Our Lady of Victory, and Octoberfest, as well, it is profitable to assess and evaluate how we can all serve Christ and His Church more faithfully. Here is a little practical apologetics lesson that we were using several weeks as one of our class attendees was under assault from a "Christian" who despises the Catholic faith. His claim was that all of the miracles like Fatima, Lourdes, Our Lady of Guatalupe are works of satan. Here is our answer to those who blaspheme Christ and His Bride, the Church.

Matthew 10:1,22 when Jesus calls His 12 disciples and gives them the power to cast out demons and cure all manners of disease, and He tells them that they will be hated because they hated me, but he that endures to the end will be saved.

Matthew 12: 24-32 when Jesus is accused by the scribes and Pharasees of healing through Beelzebub, the prince of demons. Jesus warns them that if He heals through Beelzebub, who do you heal through as a house divided against itself can not stand, and that all sins can be forgiven EXCEPT the sin against the Holy Ghost which attributes grace and faith to the evil one instead of God.

Then ask the question to the accuser, if Catholic miracles are the work of satan, what about the healings attributed to faith healers like Oral Roberts and Bennie Hinn, etc?

Then go back to the Bible and our first Pope, St. Peter and reference these verses from the Acts of the Apostles 9:31-43 when Peter heals a man with a withered hand and shortly thereafter raises a young woman to life. Both incidents conclude by saying that many came to the Lord and believed in Him.

Then conclude your witnessing to the accuser by asking him if healings by Peter drove people to satan or brought them to the Lord, and then ask how many native Americans who were practicing human sacrifice converted to Jesus and His Church after Juan Diego's tilma was seen.

Ask him to repent and come to the truth as all Catholic miracles are thoroughly investigated to validate their authenticity. That would include the miracles of the Eucharist at Lanciano, St. Janarius's blood reliquifying each year for 1700 years, the tilma at Guadalupe which should have disintegrated but is still with us 500 years later, the miracle of the sun on October 13, 1917 witnessed by over 80,000 many of whom were sceptics and atheists who came to believe in Jesus, and the miracles of Lourdes which are well documented.

If the person continues to blaspheme Jesus' Church, shake the dust from your shoes and walk away telling the person you shall pray for them.

One final comment about evaluating your faith, are you a luke warm Catholic or a dynamic Catholic? The four marks of a dynamic Catholic as described by the well known author and speaker, Matthew Kelly, are these: a daily routine of prayers either by reading scripture, attending daily Mass when feasible, or reciting regular prayers at a set time such as the recitation of the Holy Rosary. Second, are you reading and studying the scriptures and official teachings of the Church found in the catechism or attending a good Bible study(hint)? Third, generosity. Did you know that 7% of Catholics contribute over 80% of their time and money treasure to their parishes and/or other Catholic charities? Most active knights do better than the rest due to our works of charity with children with disabilities, your parish festivals, and yes, bingo workers. Thanks be to God. Finally, evangelization, or the lack thereof amongst the vast majority of Catholics. How many of you have relatives, friends, acquaintances who are luke warm, no longer attend Mass, or have left and now attend a Protestant denomination? How many of you have asked them to come to a class that can answer many of their objections, or guide them to a good holy priest for a confession? We are all called to evangelize as requested by St. John Paul II, Pope Benedict XVI and Pope Francis I. If you do not know how to answer objections to our faith, please join us every Wednesday evening at 7:00 and learn the 4 easy steps that work every time when someone you may know says something like this, "I was once a Catholic, but now I'm a Christian." There is only one true Church, and it was founded on Peter's profession of faith in Jesus at Caesarea Phillipi...let the fun begin.

AMDG
Bob Herness, Church Director, Council 4488
An Evening with Scott Hahn

Wednesday, October 28, 2015
7:00 p.m. - 9:00 p.m.
Saint Joseph Campus

The Carmelite Sisters invite cradle Catholics, non-Catholics, all seekers of truth, and anyone else interested in listening to and asking questions of this well-respected, prolific writer, Scott Hahn.

Scott Hahn K.H.S., Catholic theologian, contemporary author, consultant, professor, and a former Presbyterian who converted to Catholicism will be speaking at St. Joseph Campus of the Sacred Heart Retreat House, This evening is FREE!

A basket will be placed out for those who can contribute to the cost of this evening.
For more information, call 626-289-1353, ext. 200

FIELD AGENTS REPORT
RETAINING RETIREMENT INCOME, a topic I will keep trying to help member couples with until I retire as a Field Agent and can’t do it anymore. But I have more food for thought today as I was triumphant in helping 3-Knight’s couples enhancing their future retirement income last month. However, 83% of all male pensioners will add their wife onto their monthly pension income program to continue that income if she survives her husband. And, 83% of them will overpay for this benefit losing more monthly income than they have to. If you are within 5, 10 or 15 years away from retiring, you should call me!

Does it really matter your knocking yourself out trying to squeeze & sacrifice as much money into your pension/401K/IRA/etc. as you can when 3-specific deductions together can take an average 40% of your gross income out of your pocket in retirement? Waiting until retiring to look at this matter only eliminates your window of opportunity to stop a deduction or two from eating into your monthly pension income. I am certainly not going to pay some 40% in deductions on my pension income nor should you have to either. I am going to pay some 24% in deductions and later when my wife survives me, she will pay maybe 5% in income taxes and pocket all the difference! How can that possibly be? Call me and find out! Again, if you are within 5, 10 or 15 years of retiring: maybe the Knights of Columbus knows something financially vital you should get in on? Maybe you should take a minute to call me and learn how you can help yourself? That is all I am really asking of you… Call me David Keeling, Senior Council field Agent (909) 824-1024 or e-mail: david.keeling@kofc.org

OLA Preschool Program Begins!
Under Director Candace Meador the Preschool of Our Lady of the Assumption opened its doors on September 1, 2015! This is a result of the contributions of time, talents, and treasures of many supporters over a period of three years, including substantial remodeling of existing rooms, plumbing and electrical upgrades, the development of religious and academic curricula, and licensing through the State of California. The facilities were dedicated on August 15, 2015 (the Feast Day of Our Lady of the Assumption) with a blessing from the Very Reverend Romeo Seleccion. A plaque with the motto “Sharing Christ Today with the ‘Littlest’ Leaders of Tomorrow” names the Founding Benefactors, including the Knights of Columbus Council 4488 as a gold sponsor.

This project was initially spearheaded by OLA School Board President, Myrna Cordova, wife of Brother Jun Cordova from our council. The school will be open 5 days a week and offer a variety of schedule options. Their facilities are licensed for a maximum of 18 students and has a current enrollment of twelve. For additional information on the OLA school and preschool go to www.olabruins.com.
Come and support our first fundraiser for this fiscal year. Our first of four Bingo Luncheons will be held on October 17 at 12 noon, doors open at 11:30. The cost is $10, and will be a Halloween theme. Come and join us for a good lunch and fun while we raise money for our just causes.

November 14 we will have a parking lot sale. Contact Gina if you would like to rent a table for $10.

The ladies will be cooking dinner for the October meeting. The menu will be lasagna, salad and garlic bread.

Judy Figueroa, Knights’ Ladies President

Chaplain’s Corner

ON THE FAMILY:

RIGHTS OF THE FAMILY:

- the right to exist and progress as a family, that is to say, the right of every human being, even if he or she is poor, to found a family and to have adequate means to support it;
- the right to exercise its responsibility regarding the transmission of life and to educate children;
- the right to the intimacy of conjugal and family life;
- the right to the stability of the bond and of the institution of marriage;
- the right to believe in and profess one’s faith and to propagate it;
- the right to bring up children in accordance with the family’s own traditions and religious and cultural values, with the necessary instruments, means and institutions;
- the right, especially of the poor and the sick, to obtain physical, social, political and economic security;
- the right to housing suitable for living family life in a proper way;
- the right to expression and to representation, either directly or through associations, before the economic, social and cultural public authorities and lower authorities;
- the right to form associations with other families and institutions, in order to fulfill the family’s role suitably and expeditiously;
- the right to protect minors by adequate institutions and legislation from harmful drugs, pornography, alcoholism, etc.;
- the right to wholesome recreation of a kind that also fosters family values;
- the right of the elderly to a worthy life and a worthy death;
- the right to emigrate as a family in search of a better life.

(FROM APOSTOLIC EXHORTATION FAMILIARIS CONSORTIO OF POPE JOHN PAUL II TO THE EPISCOPATE TO THE CLERGY AND TO THE FAITHFUL OF THE WHOLE CATHOLIC CHURCH ON THE ROLE OF THE CHRISTIAN FAMILY IN THE MODERN WORLD)
CONGRATULATIONS

HONORARY LIFETIME MEMBERS

Pictured: Steve Figueroa received Honorary Life Membership

Not pictured: Frank Colacino received Honorary Membership

KofC News

Friday November 6th is the Notre Dame vs. Aquinas football game. Dr Brennan has offered some tickets. Please contact the GK or DGK if interested.

Tootsie Roll Drive starts October 17th. We still need help on the 17th & 18th and 24th & 25th. Just a little time in front of the stores helps raise funds for the intellectually disabled and promotes the Knights message. Please see your officers for more information.
# October 2015

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San Bernardino, CA

Return Service Requested  
TIME SENSITIVE MATERIAL